



## **Buddhfield Dharma: Buddhist Practice on the Land**

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# Buddhafield Dharma: Buddhist Practice on the Land

## **Buddhafield Dharma: Buddhist Practice on the Land**

Buddhafield is a unique phenomena in the history of Western Buddhism: a joyous, hard-working, idealistic, experimental, Dharma-practicing community of men, women and children who take delight in Dharma practice out-of-doors, in the woods and fields of England. Drawing inspiration from the classic Buddhist Mahayana text the Vimalakirti Nirdesa, Buddhafield aspires to be first and foremost a "field of living beings" - but also, of "high resolve, virtuous application, generosity, tolerance, meditation, wisdom," and much more. Buddhafielders are equally at home on a month-long silent meditation retreat in a remote Devon valley or teaching meditation in the depths of the 200,000-person Glastonbury music festival - or serving up veggie burgers 18 hours a day in the Buddhafield Cafe. This book sets out to document the many facets of the Buddhafield project, and to explore something of its unique approach to Dharma practice - centred as it is on a love of the elements and community, with a deep appreciation of inter-connectedness and the need for a comprehensive approach to environmental and ecological ethics. At its core is a collection of ten Dharma talks by members of the Triratna Buddhist Order, of which Buddhafield is a part. There's also a full introduction to the many facets of the project, a brief history, a fine collection of photographs, and a series of practical instructions ranging from how to build a geodesic dome to how to make a hot tub to how to make a vegan 'shepherdess pie' for 200 people - all as used in Buddhafield. The book has been produced as Buddhafield prepares to celebrate the 20th Buddhafield Festival, a much-loved annual gathering of some 3,000 people, with a unique 'no-drink-no-drugs' approach to alternative festival-going, asking people to cultivate instead an atmosphere of 'clear and radiant awareness'."

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Playing with family in a very park, coming to see the marine world or hanging out with good friends is thing that usually you might have done when you have spare time, in that case why you don't try factor that really opposite from that. One particular activity that make you not experience tired but still relaxing, trilling like on roller coaster you are ride on and with addition of knowledge. Even you love Buddhafield Dharma: Buddhist Practice on the Land, you are able to enjoy both. It is fine combination right, you still want to miss it? What kind of hang-out type is it? Oh occur its mind hangout guys. What? Still don't obtain it, oh come on its known as reading friends.

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