



Finding Rest in a Busy World: I Need to Slow Down but I Can't! (Women of Faith Study Guide Series)

Women of Faith

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Opportunities in life abound, but if left unchecked our busy schedules can quickly consume us. Doing too much will strip our gears and empty our tanks. As we run hard and fast on the treadmill of life, we will find our souls growing weary, our bodies growing weak, and our spirits running dry.

In *Finding Rest in a Busy World*, you will explore what the Bible has to say about the importance and value of rest. You will learn ways to recognize if your schedule has gotten out of control and how you can apply the brakes to restore healthy boundaries in your life. Even more, you will discover how God promises you can rest in who He is, what He's done for you, and what He *will* do for you.

The Women of Faith® Bible Studies provide intriguing insights into topics that are relevant to women's lives today. Each guide includes twelve weeks of study, down-to-earth illustrations, and reflections to help you move the truth from your head to your heart. A leader's guide for use with small groups is also included.

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Have you spare time for the day? What do you do when you have more or little spare time? Yes, you can choose the suitable activity with regard to spend your time. Any person spent their own spare time to take a walk, shopping, or went to the particular Mall. How about open or maybe read a book allowed Finding Rest in a Busy World: I Need to Slow Down but I Can't! (Women of Faith Study Guide Series)? Maybe it is to become best activity for you. You recognize beside you can spend your time along with your favorite's book, you can more intelligent than before. Do you agree with it is opinion or you have different opinion?

James Baker:

Are you kind of active person, only have 10 or maybe 15 minute in your day time to upgrading your mind ability or thinking skill perhaps analytical thinking? Then you have problem with the book as compared to can satisfy your limited time to read it because all of this time you only find reserve that need more time to be learn. Finding Rest in a Busy World: I Need to Slow Down but I Can't! (Women of Faith Study Guide Series) can be your answer mainly because it can be read by you who have those short free time problems.

Patricia Carter:

This Finding Rest in a Busy World: I Need to Slow Down but I Can't! (Women of Faith Study Guide Series) is new way for you who has curiosity to look for some information mainly because it relief your hunger associated with. Getting deeper you in it getting knowledge more you know or perhaps you who still having little digest in reading this Finding Rest in a Busy World: I Need to Slow Down but I Can't! (Women of Faith Study Guide Series) can be the light food for you personally because the information inside this book is easy to get by means of anyone. These books build itself in the form that is certainly reachable by anyone, yeah I mean in the e-book web form. People who think that in e-book form make them feel tired even dizzy this guide is the answer. So there is absolutely no in reading a guide especially this one. You can find what you are looking for. It should be here for you actually. So , don't miss the item! Just read this e-book style for your better life and knowledge.

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