



Baby Boomer Tennis

Joy Macci, Craig A Bell

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Hello Fellow Baby Boomer Tennis Enthusiasts - Now that you've turned 50...how'd you like to enjoy & excel in tennis...not just for a season, but a lifetime? And how many of you have noticed a few natural changes in your body, energy and mind, since turning 50, and would like to turn back the hands of time for our Body/Mind/Sport age? Plus, learn superstars' simple proven systems & secrets from Baby Boomer Legends, Lessons & Links to help you "WIN" in Tennis & the Game of Life!

A great read for Baby Boomers or not. There's enough information on how to become successful in life and with your tennis...all you have to do is follow it and you will be successful!! No double faults allowed.

Good Luck with the book.

Rosie Casals
International Tennis Hall of Famer
Member of the "Original 9"

Thank you Dr. Joy and Mr. Bell for highlighting the importance of Baby Boomers remaining active and well and identifying tennis as a catalyst for fitness, fun and friendship for Boomers everywhere.

Pam Shriver
International Tennis Hall of Famer

I have so much respect and appreciation for all *Craig Bell* has done for the great game of tennis with his coaching and speaking and writing. He cares deeply about the sport and what it can do for people and he always sees the big picture. And he combines beautifully in this well written book with *Dr. Joy Macci* who provides such valuable insights from her prodigious background as an innovative coach, inspirational speaker and author. It was our Baby Boom generation that created the tennis explosion in the 70s and moved tennis forever into the mainstream. We are all living longer and healthier lives and tennis is still at the center for so many of us. You will love the stories and solid information in this book that is so illustrative of the fact that Fun, Friendship and Fitness is, indeed, a very powerful elixir.

Enjoy this fast paced read and I'll see you out on the courts . . .

Wayne Bryan

The popular and award winning coach and tour emcee, who is the Father of the greatest men's doubles team of all time, Mike and Bob Bryan.

"This is a great example of how a sport can be used to improve health and lower stress."

David Winter, MD, MSc, MACP

Signature Medicine
HealthTexas Provider Network
Baylor Scott & White Health

Baby Boomers have dramatically shifted every industry they have touched as they have aged. It only makes sense that the "Sport of a Lifetime" can also be impacted by this massive demographic. I believe Dr Joy Macci and Craig Bell are the leading experts on how to capitalize of this massive wave of potential tennis players. This is a brilliant book and highly recommend it to all Pro's and Clubs Owners.

Craig Smith
President
Matchpoint Consulting and Resorts

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From reader reviews:

James Marcotte:

Have you spare time for any day? What do you do when you have considerably more or little spare time? Yep, you can choose the suitable activity intended for spend your time. Any person spent their particular spare time to take a stroll, shopping, or went to typically the Mall. How about open or read a book called Baby Boomer Tennis? Maybe it is to be best activity for you. You already know beside you can spend your time with the favorite's book, you can more intelligent than before. Do you agree with it has the opinion or you have additional opinion?

John Reed:

Here thing why this particular Baby Boomer Tennis are different and dependable to be yours. First of all studying a book is good but it depends in the content than it which is the content is as delicious as food or not. Baby Boomer Tennis giving you information deeper and in different ways, you can find any book out there but there is no guide that similar with Baby Boomer Tennis. It gives you thrill reading through journey, its open up your own eyes about the thing which happened in the world which is perhaps can be happened around you. It is possible to bring everywhere like in area, café, or even in your means home by train. For anyone who is having difficulties in bringing the paper book maybe the form of Baby Boomer Tennis in e-book can be your option.

Casey Schnell:

The book untitled Baby Boomer Tennis is the guide that recommended to you to read. You can see the quality of the guide content that will be shown to an individual. The language that writer use to explained their way of doing something is easily to understand. The article author was did a lot of study when write the book, to ensure the information that they share to you is absolutely accurate. You also could get the e-book of Baby Boomer Tennis from the publisher to make you more enjoy free time.

Russell Pittman:

Many people spending their time by playing outside using friends, fun activity having family or just watching TV the whole day. You can have new activity to invest your whole day by studying a book. Ugh, do you think reading a book can definitely hard because you have to accept the book everywhere? It alright you can have the e-book, having everywhere you want in your Mobile phone. Like Baby Boomer Tennis which is keeping the e-book version. So , try out this book? Let's observe.

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