



Endometriosis: A Natural Approach

Jo Mears



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Endometriosis affects almost 20 percent of women in their childbearing years. Despite being a serious condition that can lead to ovarian cysts and infertility, the painful condition usually goes undiagnosed and untreated. Health writer Jo Mears shows how to take effective action, details strategies, and suggests alternative therapies for managing endometriosis.

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