



**This Side of 60: A collection of columns designed to invigorate, motivate and EMPOWER you to live the years on BOTH SIDES of 60 to the fullest!**

*Marie Gingerich Snider*

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# **This Side of 60: A collection of columns designed to invigorate, motivate and EMPOWER you to live the years on BOTH SIDES of 60 to the fullest!**

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Wisdom from the ages. Homegrown truths from daily life. Lessons from people who have lived well. Sentimental journeys through memory. A compilation of aging research from the past 50 years. Marie Snider's "This Side of 60" column is all this and more. A writer throughout her life, Snider worked in mental health public relations for more than 25 years. As she approached retirement, she began opening herself to new avenues of expression and followed Natalie Goldberg's advice in *Writing Down the Bones* to write two pages a day. In 1992, when her hometown newspaper *The Newton Kansan* came looking for a columnist to anchor its new Aging section, she was ready. Just a few months later, Snider began syndicating the column. At a time when life span was increasing and Boomers were starting to reach retirement, Snider's message of growth and rejuvenation was well received. Other newspapers quickly picked up the column. Soon it was reaching thousands of readers in 75 cities and towns across North America. Over the years, Snider wrote more than 1,000 columns. Collected in this volume are some favorites. Bookending the collection are her first column, published March 18, 1992, and her final column, written June 13, 2016.

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**Richard Stratton:**

A lot of people always spent their very own free time to vacation or maybe go to the outside with them family members or their friend. Did you know? Many a lot of people spent these people free time just watching TV, or maybe playing video games all day long. In order to try to find a new activity honestly, that is look different you can read a book. It is really fun for yourself. If you enjoy the book that you read you can spent 24 hours a day to reading a e-book. The book This Side of 60: A collection of columns designed to invigorate, motivate and EMPOWER you to live the years on BOTH SIDES of 60 to the fullest! it is extremely good to read. There are a lot of folks that recommended this book. We were holding enjoying reading this book. Should you did not have enough space bringing this book you can buy typically the e-book. You can m0ore simply to read this book from your smart phone. The price is not to cover but this book has high quality.

**Robert Carroll:**

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